

# WHICH IRA IS RIGHT FOR YOU?

## Traditional IRA or Roth IRA— Tax Deductions or Tax-Free Earnings?

### What's the difference between a traditional IRA and a Roth IRA?

**Traditional IRA**—The traditional IRA allows you to **defer taxes** on the earnings on your contributions until they are withdrawn. Also, depending on eligibility, contributions are **tax deductible** in the tax year for which you make them and the taxes are deferred on the deductible contributions until they are withdrawn.

**Roth IRA**—The Roth IRA gives retirement savers a different incentive—**nontaxable** distributions. Regular Roth IRA contributions are **not tax deductible**, so owners will not pay federal taxes on distributions of these contributions. Under certain conditions, the earnings on Roth IRA contributions are also **nontaxable** when distributed. Therefore, if you expect to be in a higher tax bracket when you take distributions in retirement, for this and other reasons, you may benefit more from a Roth IRA than from a traditional IRA.

### Am I eligible to make a regular contribution to either account?

**Traditional IRA**—You are eligible to make regular contributions to a traditional IRA if you or your spouse have compensation. There are no age requirements to be eligible to make an annual regular contribution to a traditional IRA.

**Roth IRA**—You are eligible to make regular contributions to a Roth IRA if you or your spouse have compensation and your modified adjusted gross income (MAGI) for any tax year does not exceed certain prescribed limits. These limits are subject to annual cost-of-living adjustments, if any.

You may establish a traditional or Roth IRA even if you already participate in or are receiving a contribution

in a retirement plan sponsored by your employer. Such plans may include qualified plans (including a 401(k)), certain government plans, tax-sheltered annuities, simplified employee pension (SEP) plans, and Savings Incentive Match Plan for Employees of Small Employers (SIMPLE) plans.

2026 MAGI LIMITS			
Modified AGI (MAGI)	Single	Married, Filing Jointly	Married, Filing Separately*
Less than \$10,000	Full Contribution	Full Contribution	Phaseout
\$ 10,000 - \$153,000	Full Contribution	Full Contribution	No Contribution
\$153,001 - \$167,999	Phaseout	Full Contribution	No Contribution
\$168,000 - \$242,000	No Contribution	Full Contribution	No Contribution
\$242,001 - \$251,999	No Contribution	Phaseout	No Contribution
\$252,000 or over	No Contribution	No Contribution	No Contribution

*\*If you are married, filing separately, and lived apart from your spouse the entire year, you can use the MAGI limit for a single filer to determine your contribution limit.*

2025 MAGI LIMITS			
Modified AGI (MAGI)	Single	Married, Filing Jointly	Married, Filing Separately*
Less than \$10,000	Full Contribution	Full Contribution	Phaseout
\$ 10,000 - \$150,000	Full Contribution	Full Contribution	No Contribution
\$150,001 - \$164,999	Phaseout	Full Contribution	No Contribution
\$165,000 - \$236,000	No Contribution	Full Contribution	No Contribution
\$236,001 - \$245,999	No Contribution	Phaseout	No Contribution
\$246,000 or over	No Contribution	No Contribution	No Contribution

*\*If you are married, filing separately, and lived apart from your spouse the entire year, you can use the MAGI limit for a single filer to determine your contribution limit.*

### How much can I contribute each year?

You may contribute any amount up to 100 percent of your compensation or the amount set forth in the chart that follows, whichever is less, aggregated between a traditional and a Roth IRA. Additionally, if you have attained age 50 or older by the end of your tax year, you are eligible to make catch-up contributions.

The amount of any tax refund contributed directly to your IRA is subject to the annual contribution limit.

REGULAR CONTRIBUTION LIMITS			
Tax Year	Contribution Limit	Catch-Up Limit	Total Limit for Age 50 and Over
2025	\$7,000	\$1,000	\$8,000
2026	\$7,500	\$1,100	\$8,600
2027 and later years	\$7,500*	\$1,100*	\$8,600*

*\*Subject to annual cost-of-living adjustments, if any.*

## Can I deduct my regular IRA contribution?

**Traditional IRA**—Active participation in employer-sponsored retirement plans and MAGI determine whether you can deduct your IRA contribution. For example, if you and your spouse are not active participants, you may deduct your contribution, no matter how high your income. If you or your spouse is an active participant, the deduction is dependent on your MAGI and income tax-filing status. As your MAGI increases, your deduction decreases. Your tax professional can help you determine whether your contribution is deductible.

Even if you cannot deduct your contribution, you can still make nondeductible contributions and take advantage of the tax-deferred earnings.

**Roth IRA**—Roth IRA contributions are not deductible regardless of active participation status or MAGI.

## Do I pay taxes when I take distributions?

**Traditional IRA**—Yes, on the distribution of any tax-deductible contributions and on all earnings. Distributions that include these amounts are taxed as income in the year they are withdrawn.

**Roth IRA**—Since regular Roth IRA contributions are nondeductible, distributions of these amounts are not taxable. Another nice Roth IRA feature is that the rules consider all contributions to be distributed before any earnings. This gives you easier tax-free access to the assets. Earnings, however, may be subject to tax unless they are removed as a qualified distribution.

**Qualified distributions**—Distributions of earnings are not taxable if five years have passed since you established your first Roth IRA and you are at least age 59½, disabled, taking first-time homebuyer distributions, or deceased.

**Nonqualified distributions**—Distributions of earnings are taxable for any reason other than stated above.

## Can I withdraw assets without penalty?

You can withdraw assets from your traditional or Roth IRA without incurring the 10 percent additional early-distribution tax any time after you reach age 59½. You can avoid the additional tax before age 59½ for the following reasons: disability, substantially equal periodic payments, medical expenses in excess of a certain percentage of your adjusted gross income, health insurance premiums if you have been receiving unemployment compensation for at least 12 weeks, distributions paid directly to the IRS due to an IRS levy, traditional IRA conversion to a Roth IRA, recharacterization, rollovers, qualified higher education expenses, a first-time home purchase (up to \$10,000), a qualified birth or adoption, a qualified reservist distribution, you are certified as having a terminal illness, a qualified disaster recovery distribution, you are a victim of domestic abuse, for certain emergency expenses, earnings attributable to an excess or unwanted contribution, or a distribution to fund a Health Savings Account annual tax-year contribution (once-in-a-lifetime only).

Roth IRA distributions of *regular contribution amounts* are always free of taxes—regardless of timing or reason. Note that Roth IRA distributions of earnings, or assets converted from an IRA or rolled over from an employer plan, are subject to the 10 percent additional early-distribution tax in some circumstances.

## When must I withdraw assets?

**Traditional IRA**—When you reach your age 73<sup>1</sup> year, you are required to begin taking minimum required distributions and must take minimum distributions each subsequent year or risk additional taxes.

**Roth IRA**—You are not required to take distributions from your Roth IRA.

## Why don't I just open both accounts?

Great idea! Opening both a traditional IRA and a Roth IRA lets you develop your own blend of tax-deductible contributions to your traditional IRA and nondeductible contributions to your Roth IRA. You can decide which is a greater priority for you: minimizing your taxes now through a deduction or minimizing your taxes in the future with tax-free earnings.

## What if I change my mind about the regular contribution I made to my traditional or Roth IRA?

A regular contribution made to a traditional or Roth IRA may be recharacterized to the other type of IRA as long as the recharacterization is completed by your tax-filing deadline including extensions.

<sup>1</sup> For tax years 2019 and earlier, required minimum distributions (RMDs) had to begin at age 70½, and for tax years 2020, 2021 and 2022, RMDs had to begin at age 72. This age becomes age 75 for individuals born in 1960 or later.

*This educational brochure is intended to provide general information on federal tax laws governing traditional and Roth IRAs. It is not intended to provide recommendations, legal advice, or to be a detailed explanation of the rules or how such rules may apply to your individual circumstances. It does not address any investment options you may have available through an IRA. For specific information, you are encouraged to consult your tax, investment, or legal professionals. You may also find helpful information in IRS Publication 590-A, Contributions to Individual Retirement Arrangements (IRAs), IRS Publication 590-B, Distributions from Individual Retirement Arrangements (IRAs), and the IRS's website, [www.irs.gov](http://www.irs.gov).*